

(A2L) 芳疗 - 脸部与肩部拨筋

模特资料卡模板

1. 填写说明：选手需根据模特实际状况填写，并确保内容准确。
2. 打印要求：A4尺寸，打印文字清晰，摆放于工作位显眼处。

比赛项目：

一、模特皮肤状况

- 肤质类型（请在对应选项后打✓）：
 - 油性
 - 干性
 - 混合性
 - 敏感性

- 主要情绪状态（可多选，请在对应选项后打✓）：
 - 紧张
 - 失眠
 - 疲劳
 - 易怒
 - 情绪低落
 - 其他：_____

二、护理方案

- 基底油与精油比例：
 - 基底油种类与比例：_____
 - 精油种类与比例：_____
 - 选择原因与功效：_____

三、备注

- 特别注意事项（如有）：_____

(A2L) Aromatherapy - Facial and Shoulder Bo Jin Massage

Model Information Card Template

1. Participants must fill in the card based on the actual condition of their model, ensuring all information is accurate.
2. The card must be printed on **A4-sized paper** with clear text and placed prominently on the workstation.

Competition Project:

1. Model Skin Condition

- **Skin Type** (please check ✓):

- Oily
- Dry
- Combination
- Sensitive

- **Emotional State** (select multiple, check ✓):

- Tense
- Insomniac
- Fatigued
- Irritable
- Low Mood
- Other: _____

2. Treatment Plan

- **Carrier Oils and Ratios:** _____

- **Essential Oils and Ratios:** _____

- **Reason and Benefits:** _____

3. Remarks

- **Special Notes (if any) :** _____